Understanding Harmony in the Society

Basic Human Aspiration

Continuous Happiness and Prosperity

Happiness is to be in Harmony
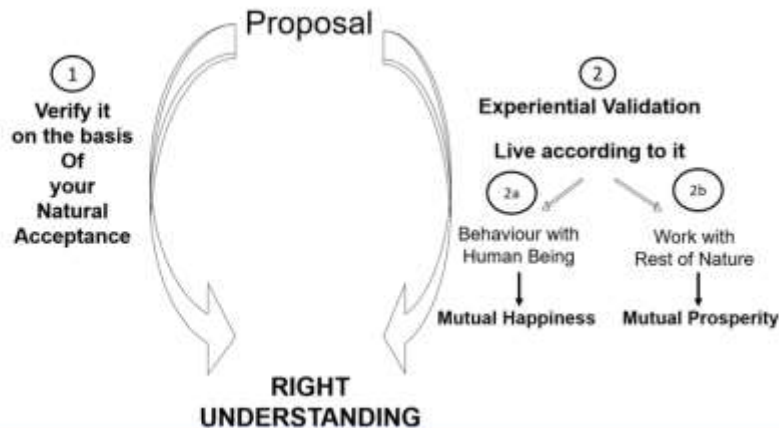
Program for Fulfilment of Human Aspiration

Understanding Harmony and Living in Harmony at all Levels

Harmony in the Human Being ✓
Harmony in the Family ✓
👉 **Harmony in the Society**
Harmony in Nature/Existence

Process of Understanding

Self Exploration

Whatever is stated is a **Proposal (Do not assume it to be true/ false)**
Verify it on your own right

Proposal

1 Verify it on the basis Of your Natural Acceptance

2 Experiential Validation
Live according to it

2a Behaviour with Human Being → Mutual Happiness

2b Work with Rest of Nature → Mutual Prosperity

RIGHT UNDERSTANDING

What is my role (value) in the society?

We saw that the family is the basic unit or building block of human organisation

The society is the next larger order

Society is composed of many families living together making collective effort for a common goal

We will explore:
1. Goal of human being living in society (human goal)
2. The dimensions or systems required to achieve the human goal
3. Scope of the systems

Families living together, in a relationship of mutual fulfillment (common goal)
Society

People living together, but not in relationship of mutual fulfillment (differing goals)
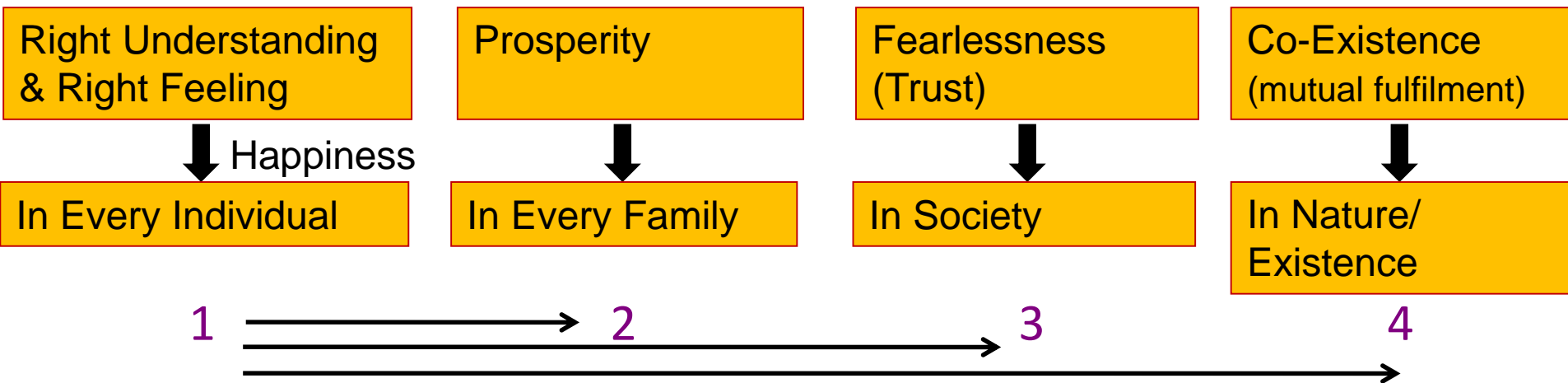**Crowd**

People living separately, in opposition / struggle (conflicting goals)
Battlefield

We will explore harmony in society – The base of harmony in society is harmony in family for which the base is harmony in human being

Human Goal (मानव लक्ष्य)

Right Understanding & Right Feeling	Prosperity	Fearlessness (Trust)	Co-Existence (mutual fulfilment)

↓ Happiness

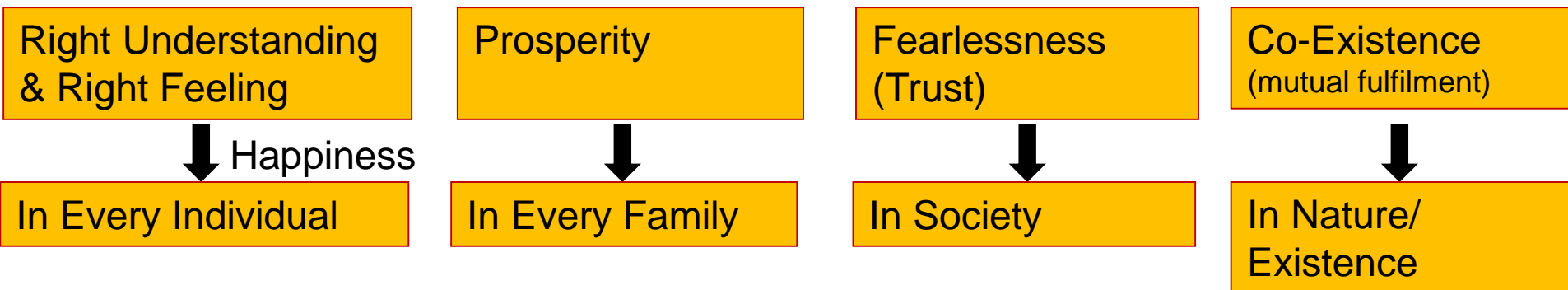| In Every Individual	In Every Family	In Society	In Nature/ Existence

1 ⟶ 2 ⟶ 3 ⟶ 4

Are all 4 required, desirable or we can leave something out?

If all 4 are achieved, would anything else be required?

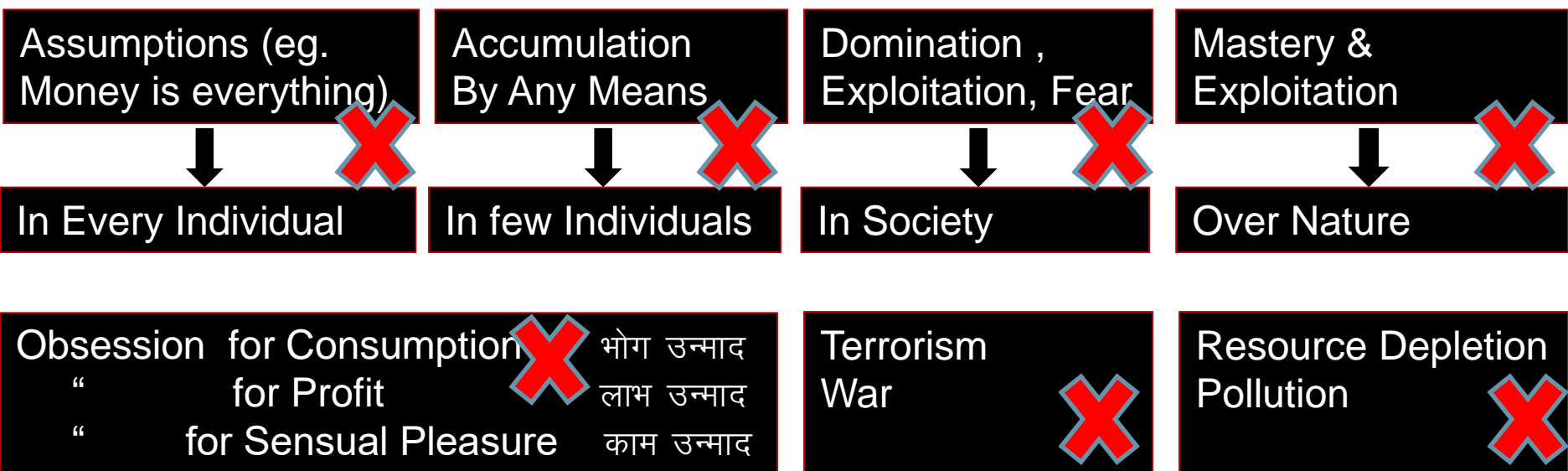Are we working for all 4? In the family? In the society?

Human Goal (मानव लक्ष्य)

Right Understanding & Right Feeling	Prosperity	Fearlessness (Trust)	Co-Existence (mutual fulfilment)
↓ Happiness	↓	↓	↓
In Every Individual	In Every Family	In Society	In Nature/ Existence

Gross Misunderstanding (आधारभूत भ्रम)

Assumptions (eg. Money is everything)	Accumulation By Any Means	Domination , Exploitation, Fear	Mastery & Exploitation
↓	↓	↓	↓
In Every Individual	In few Individuals	In Society	Over Nature

Obsession for Consumption भोग उन्माद
      "   for Profit   लाभ उन्माद
      "   for Sensual Pleasure   काम उन्माद
	Terrorism
	War
		Resource Depletion
		Pollution

Harmony in the Society (समाज में व्यवस्था)

Human Goal (मानव लक्ष्य)

Right Understanding & Right Feeling	Prosperity	Fearlessness (Trust)	Co-Existence (mutual fulfilment)
↓ Happiness	↓	↓	↓
In Every Individual	In Every Family	In Society	In Nature/ Existence

1 ⟶ 2 ⟶ 3 ⟶ 4

Human Order (मानवीय व्यवस्था)

Systems / Dimensions (आयाम)

1. Education – Sanskar   - शिक्षा संस्कार
2. Health – Self-regulation   - स्वास्थ्य संयम
3. Production – Work   - उत्पादन कार्य
4. Justice – Preservation   - न्याय सुरक्षा
5. Exchange – Storage   - विनिमय कोष

Human Goal (मानव लक्ष्य)

Right Understanding & Right Feeling	Prosperity	Fearlessness (Trust)	Co-Existence (mutual fulfilment)
1 ↓ Happiness	**2** ↓	**3** ↓	**4** ↓
In Every Individual	In Every Family	In Society	In Nature/ Existence

1 ⟶ 2 ⟶ 3 4

Human Order (मानवीय व्यवस्था)

Systems / Dimensions (आयाम)

1. Education – Sanskar **1**
2. Health – Self-regulation **2** **4**
3. Production – Work
4. Justice **3** – Preservation **4**
5. Exchange – Storage **2** **3**

Human Goal

Right Understanding & Right Feeling	Prosperity	Fearlessness (Trust)	Co-Existence (mutual fulfilment)

1

↓ Happiness

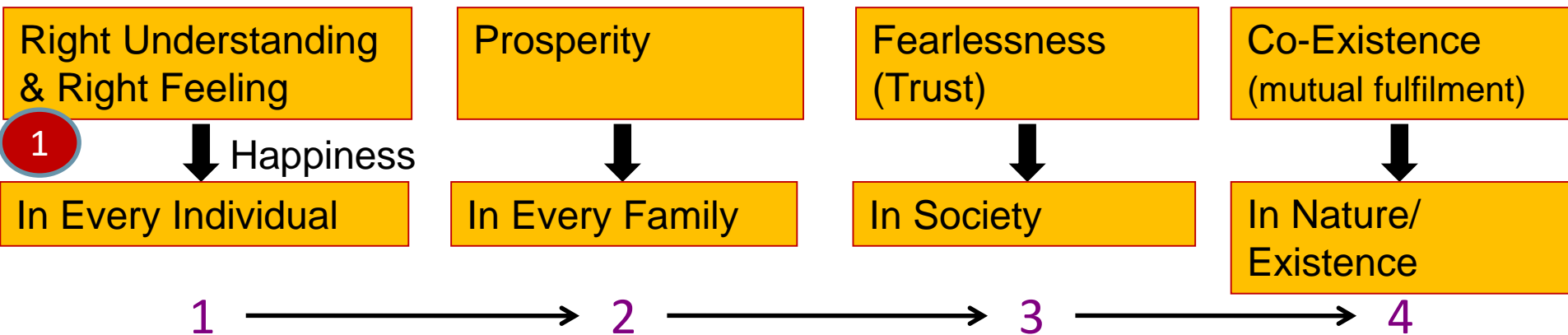| In Every Individual	In Every Family	In Society	In Nature/ Existence

1 ——————→ 2 ——————→ 3 ——————→ 4

Human Order (मानवीय व्यवस्था)

Systems / Dimensions (आयाम)

1. Education – Sanskar **1**
2. Health – Self-regulation
3. Production – Work
4. Justice – Preservation
5. Exchange – Storage

1a. Education – To develop the right understanding of the harmony at all levels of our being – from self to the entire existence (individual, family, society, nature/existence)

1b. Sanskar – The commitment, preparation and practice of living in harmony. Preparation includes learning the skills and technology for living in harmony at all levels – from self to the entire existence (individual, family, society, nature/existence)

Education = Developing Right Understanding

Sanskar = Commitment/ Preparation/ Practice for Right Living

Preparation includes Learning Right Skills & Technology

Development of the competence to live with Definite Human Conduct

Discipline to Self Discipline

1. Right **understanding**, i.e. wisdom or clarity about what to do as a human being – in oneself, family, society, nature…

2. Right **feeling** – the capacity to live in relationship with the other human beings – in family, society…

3. Right **skills** for prosperity, i.e.
   – The capacity to identify the need of physical facility
   – The skills & practice for sustainable production of more than what is required (by way of labour using cyclic, mutually enriching process)
   – The feeling of prosperity

Human Education

Next generation has improved
- Understanding
- Feeling

RIGHT UNDERSTANDING
(समझ)
in the self

RELATIONSHIP
(संबंध)
with human being
Feeling - Trust - Respect

PHYSICAL FACILITY
(सुविधा)
with rest of nature

Human Consciousness
मानव चेतना

MUTUAL HAPPINESS
(उभय सुख)

MUTUAL PROSPERITY
(उभय समृद्धि)

Humane Society

Right Understanding & Right Feeling	Prosperity	Fearlessness (Trust)	Co-Existence (Mutual Fulfilment)
↓ Happiness	↓	↓	↓
In Every Individual	In Every Family	In Society	In Nature/ Existence

Family based Society (families having common goal)

RIGHT UNDERSTANDING
? (समझ)
in the self

RELATIONSHIP
? (संबंध)
with human being

PHYSICAL FACILITY
1 (सुविधा)
with rest of nature

Animal / Inhuman Consciousness
जीव चेतना

UNHAPPINESS
Making others Unhappy

DEPRIVATION
Exploiting and Depriving others

Inhuman "Society" (Crowd or Battlefield)

Assumptions (eg. Money is everything)	Accumulation By Any Means	Domination, Exploitation, Fear	Mastery & Exploitation
↓	↓	↓	↓
In Every Individual	In few Individuals	In Society	Over Nature

Obsession for Consumption " for Profit " for Sensual Pleasure	Terrorism War	Resource Depletion Pollution

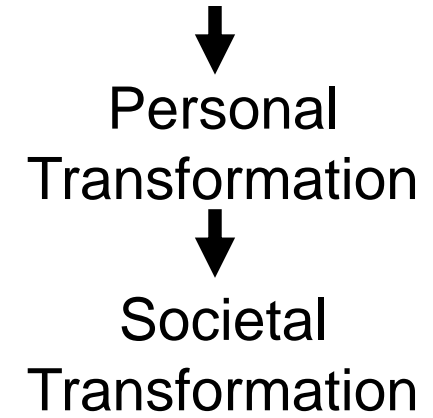Individual based (having different or opposing goals)

Transformation - Progress
संक्रमण - विकास

Human Education
↓
Personal Transformation
↓
Societal Transformation

Human Goal (मानव लक्ष्य**)**

Right Understanding & Right Feeling	Prosperity	Fearlessness (Trust)	Co-Existence (mutual fulfilment)
↓ Happiness	↓	↓	↓
In Every Individual	In Every Family	In Society	In Nature/ Existence

Systems / Dimensions of Human Order (मानवीय व्यवस्था– आयाम)

1. Education – Sanskar   - शिक्षा संस्कार
2. Health – Self-regulation   - स्वास्थ्य संयम
3. Production – Work   - उत्पादन कार्य
4. Justice – Preservation   - न्याय सुरक्षा
5. Exchange – Storage   - विनिमय कोष

Scope –From Family Order to World Family Order (Universal Human Order)

Family – Family cluster – Village – Village cluster ... Nation ... World Family
Order   Order   Order   Order   Order   Order

$\sim 10^1$ $\sim 10^2$ $\sim 10^{10}$

Sum Up

A society is composed of families living together, in a relationship of mutual fulfillment. They have a common goal, which is:

1. Right understanding & right feeling (happiness) in every individual
2. Prosperity in every family
3. Fearlessness (Trust) in society
4. Co-existence in nature/existence

The family is the basic unit in society, i.e. society is composed of family, group of families, village family, group of village families, town family… and so on, where every individual is responsible or self-disciplined and self motivated by common values, participating in the larger order toward a common human goal

Through the participation of every family in the society, in the 5 dimensions or social systems, the common human goal is fulfilled for all
   – from family order to world family order
   – generation after generation

1. Education – Sanskar
2. Health – Self-regulation
3. Production – Work
4. Justice – Preservation
5. Exchange – Storage

[the current civilization is largely based on the assumption that human being = body, happiness is derived primarily from sensual pleasure & feeling from other; and hence accumulation of physical facility, domination and exploitation is at the core of the socio-economic systems]
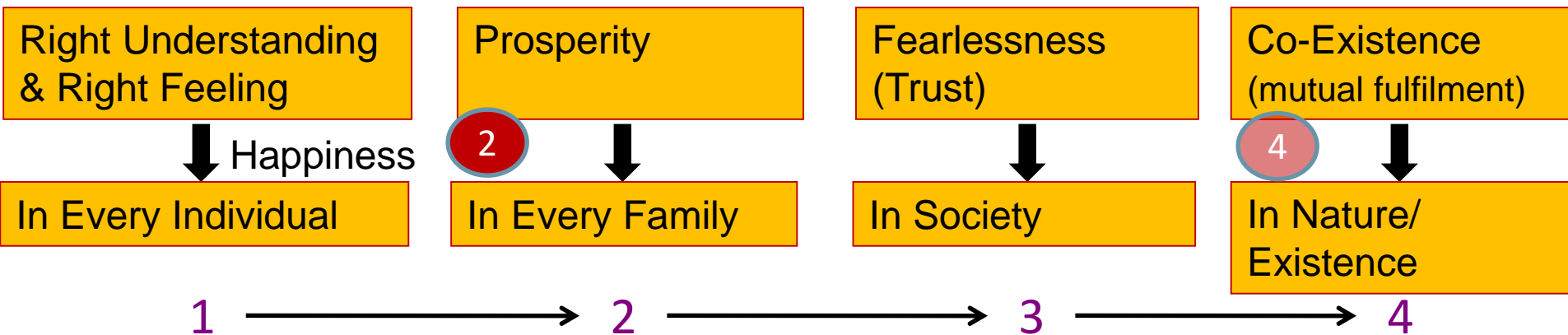
Self Reflection

1. What is your common family goal?

2. In your family, sit together and discuss
   - the family goal
   - the program for its fulfillment
   - the role / participation of each of the family members in its fulfillment
   - the state of the fulfillment of the goal (evaluation)

3. What is the common societal goal?

4. How are you & your family participating in the fulfillment of the social goal?

5. How is your organisation (college etc.) participating in the fulfillment of the social goal?

Details
These may be discussed
(time permitting)

Harmony in the Society (समाज में व्यवस्था)

Human Goal

Right Understanding & Right Feeling	Prosperity	Fearlessness (Trust)	Co-Existence (mutual fulfilment)
↓ Happiness	↓ **2**	↓	**4** ↓
In Every Individual	In Every Family	In Society	In Nature/ Existence

1 ⟶ 2 ⟶ 3 ⟶ 4

Human Order (मानवीय व्यवस्था)

Systems / Dimensions (आयाम)

1. Education – Sanskar
2. Health – Self-regulation
3. Production – Work
4. Justice   – Preservation
5. Exchange – Storage

2 **4**

2b. Self-regulation – Feeling of responsibility for Nurturing, Protection and Right Utilization of the Body

2a. Health (Swasthya) –
Body acts according to Self (I)
Parts of the body are in harmony (in order)

→ Recognising What is Needed as Physical Facility

There is a feeling of responsibility in the self(I) toward the body
– for nurturing, protection and right utilization of the body

Program for harmony in the body

(A) Staying Healthy

1 Intake   and   Daily Routine (Lifestyle)

2 Labour   and   Exercise

3 Postures for regulating internal & external body organs
                    and   Regulated Breathing

(B) Bringing body back to harmony from temporary disharmony

(C) Dependence on drug / machine to perform a body function

4 Medicine   and   Treatment

Self-regulation in the Self (I): Feeling of responsibility toward the body
– for Nurturing, Protection and Right Utilization of the Body

Program for Self-regulation

1a. Intake	1b. Daily routine
2a. Labour	2b. Exercise
3a. Balancing internal & external organs of body	3b. Balancing breathing of body
4a. Medicine	4b. Treatment

Health in the Body

1. Body acts according to Self (I)
2. Parts of the body are in harmony (in order)

1a. Intake includes air, water, sunlight, food (food is nutritious, digestible & tasty and waste is excretable)…
1b. Rising time, sleeping time, eating time…
2a. Outcome of labour is production of physical facility
2b. No physical facility is produced by exercise

Individual   Lifestyle, exercise

Family   Intake, daily routine

Family cluster   Asan, pranayam

Village   Medicine

Village cluster / city   Health education, environment, labour, treatment

…

Nation   Proliferation of good practices

…

World   Humane culture, civilisation, tradition

Human Goal
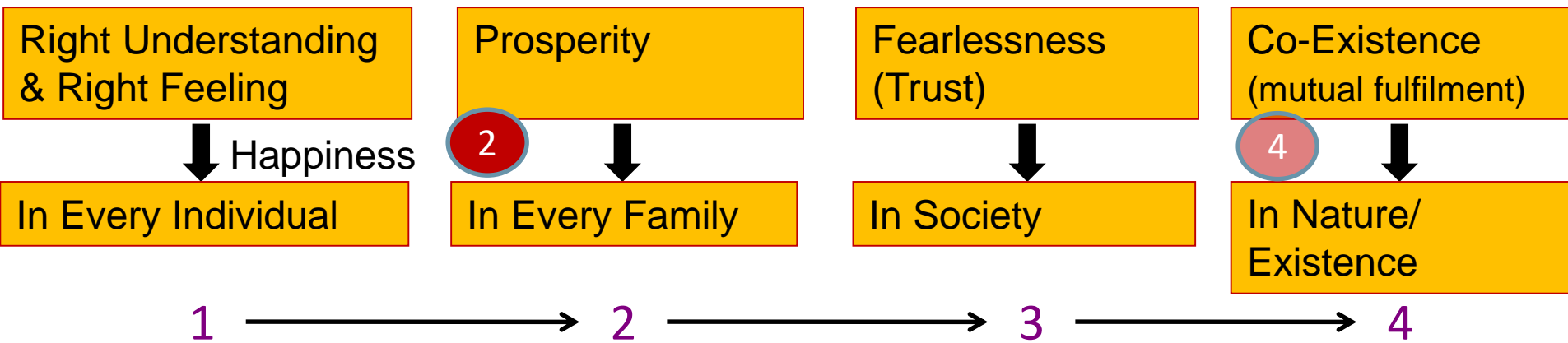
Right Understanding & Right Feeling	Prosperity	Fearlessness (Trust)	Co-Existence (mutual fulfilment)
↓ Happiness	↓	↓	↓
In Every Individual	In Every Family	In Society	In Nature/ Existence

2️ (between Prosperity and In Every Family)

4 (on Co-Existence box)

1 ——→ 2 ——→ 3 ——→ 4

Human Order (मानवीय व्यवस्था)

Systems / Dimensions (आयाम)

1. Education – Sanskar
2. Health – Self-regulation
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2   4
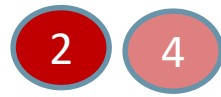
3b. Work: The labour a human being does on the rest of nature

3a. Production: The physical facility obtained out of work

Harmony in the Society (समाज में व्यवस्था)
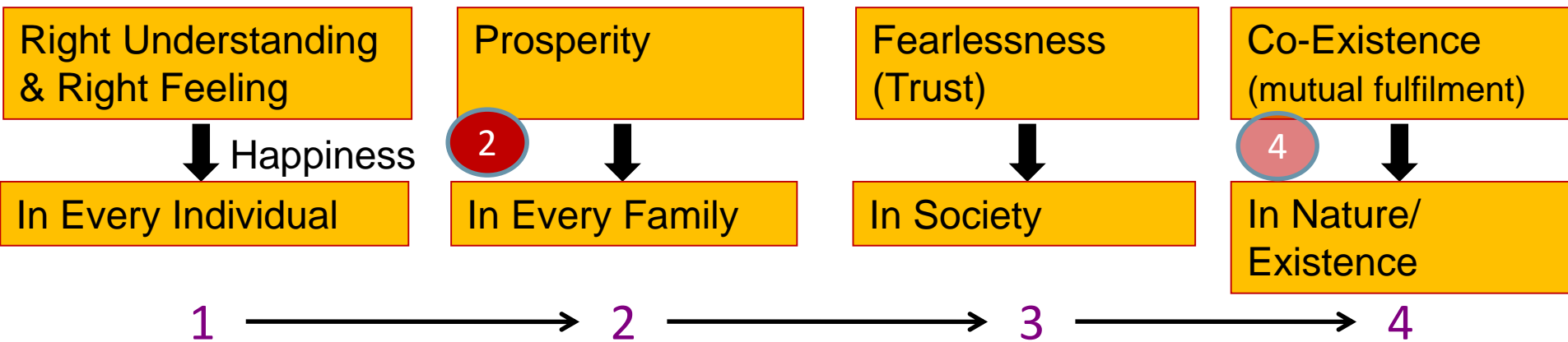
Human Goal

Right Understanding & Right Feeling	Prosperity	Fearlessness (Trust)	Co-Existence (mutual fulfilment)
↓ Happiness	② ↓	↓	④ ↓
In Every Individual	In Every Family	In Society	In Nature/ Existence

1 ⟶ 2 ⟶ 3 ⟶ 4

Human Order (मानवीय व्यवस्था)

Systems / Dimensions (आयाम)

1. Education – Sanskar
2. Health – Self-regulation
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5. Exchange – Storage

② ④

1. What to Produce?

Required Physical Facility (necessary for nurturing, Protection & right utilisation of body)

2. How to Produce?

a) Mutually Enriching, Cyclic Process (Eco-Friendly)
b) Ensuring Justice (People-Friendly)

1. Cyclic
2. Every Unit in the Process is Enriched

Plants...

Soil, Water, Air...
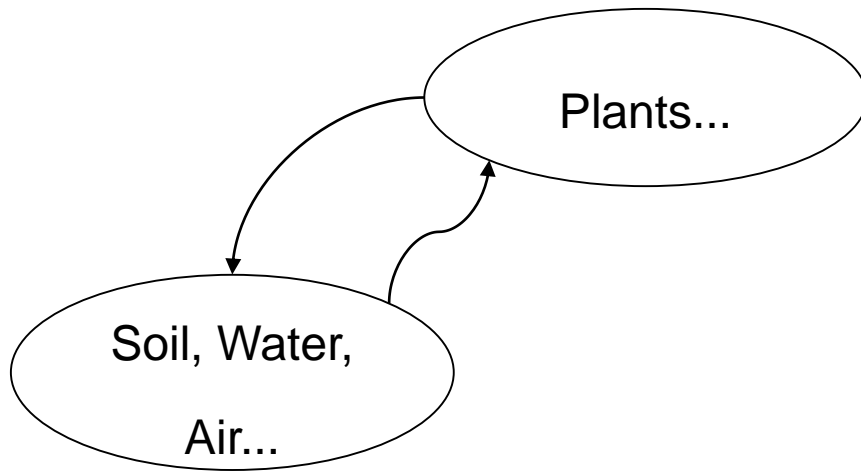
This mutually enriching, cyclic process is already going on in Nature. We do not have to create it
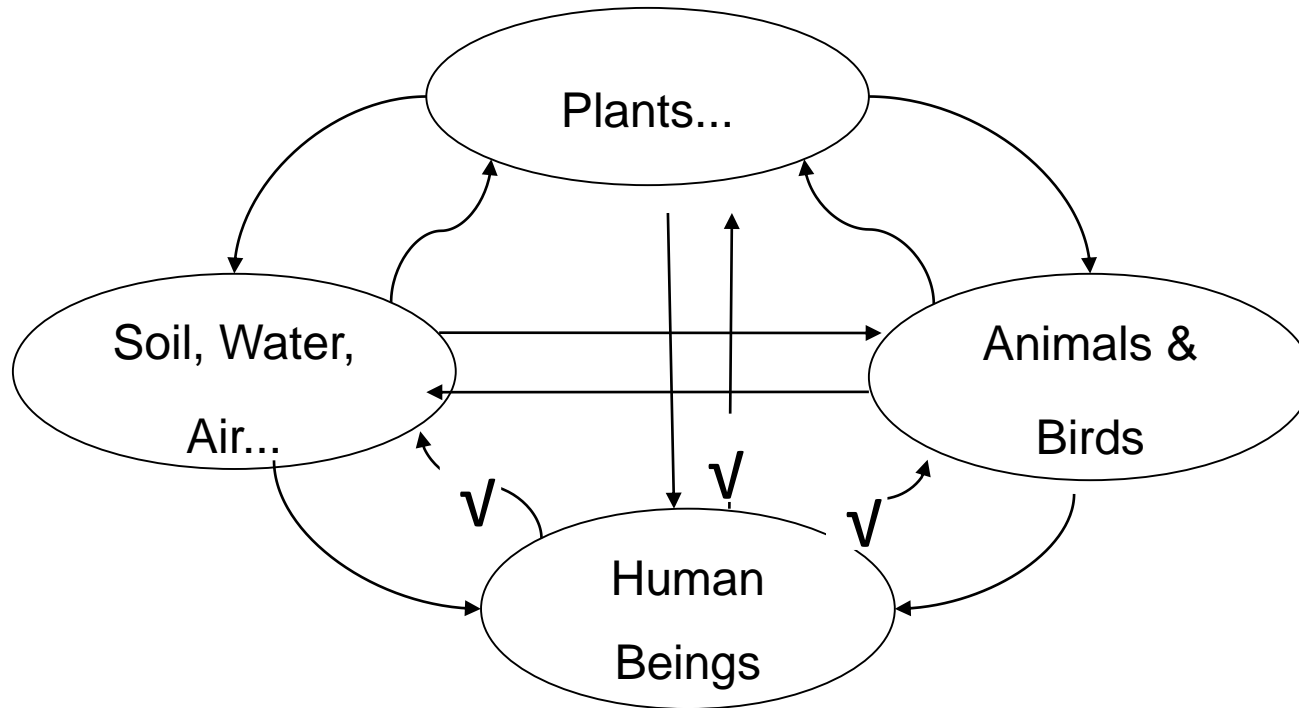
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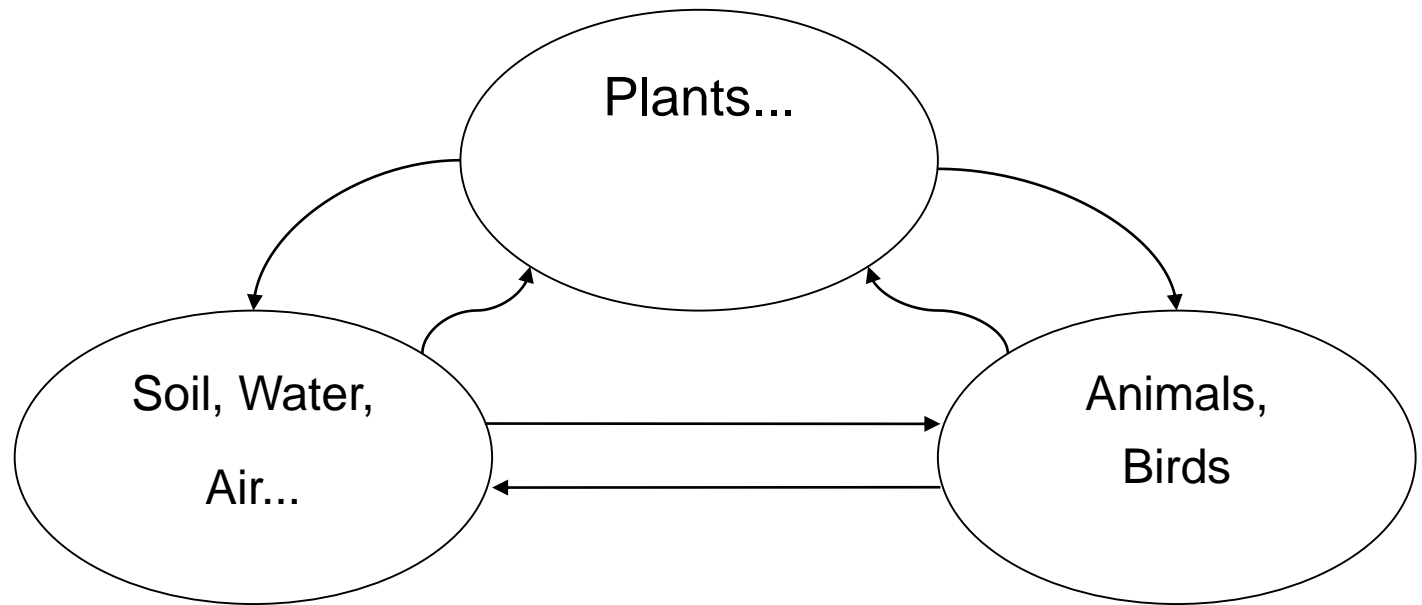
1. Cyclic
2. Every Unit in the Process is Enriched

We, human beings, have to understand the mutual fulfilment in nature & to live accordingly

i.e. To update the man-made processes to be cyclic and mutually enriching

Family of 10

2 acres of land

40 man hrs or work / day

Sufficient to produce what is required for nurturing (food…), protection of body (clothes, shelter, medicine…) = some of what is required for right utilisation of body (instruments, equipments…)

4 full grown trees – wood for 1 person

90% production in family

10% by exchange / shared by larger order

In India, land availability

2.73 acres of agricultural land for every 10 persons

Total land = 32,87,590 sq km

Forest   21.6%

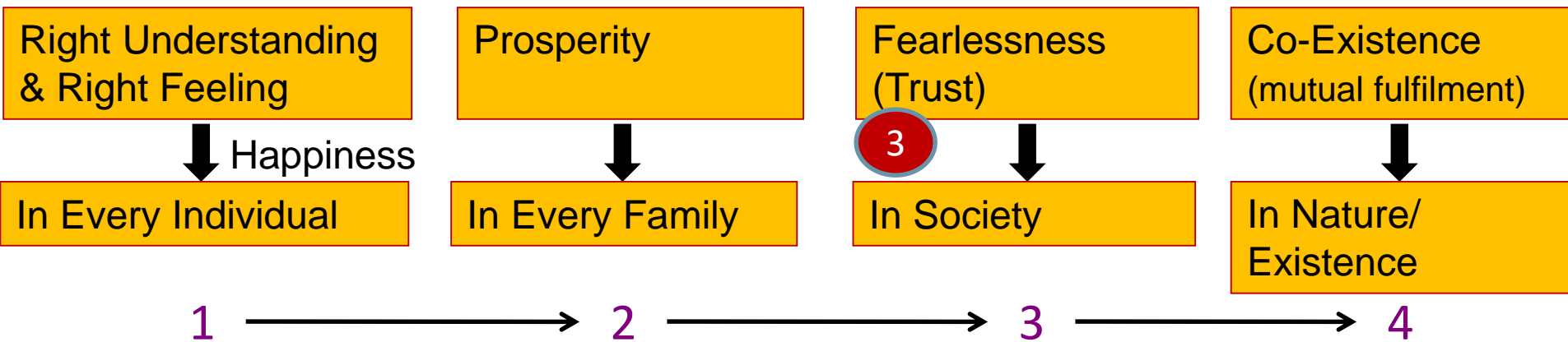Agricultural   46.2%

Fallow   8.6%

Built-up/Other 23.6%

Total population = 137 cr

1 sq km = 247.105 acre

Human Goal

Right Understanding & Right Feeling	Prosperity	Fearlessness (Trust)	Co-Existence (mutual fulfilment)
↓ Happiness	↓	**3** ↓	↓
In Every Individual	In Every Family	In Society	In Nature/ Existence

1 ⟶ 2 ⟶ 3 ⟶ 4

Human Order (मानवीय व्यवस्था)

Systems / Dimensions (आयाम)

1. Education – Sanskar
2. Health – Self-regulation
3. Production – Work
4. Justice **3** – Preservation
5. Exchange – Storage

4a. Justice – Recognition of Human-Human Relationship, its Fulfillment & Evaluation leading to Mutual Happiness

1. Relationship is – between one self (I_1) and other self (I_2)
2. There are feelings in relationship – in one self (I_1) for other self (I_2)
3. These feelings can be recognized – they are definite (9 Feeling)
4. Their fulfilment, evaluation leads to mutual happiness
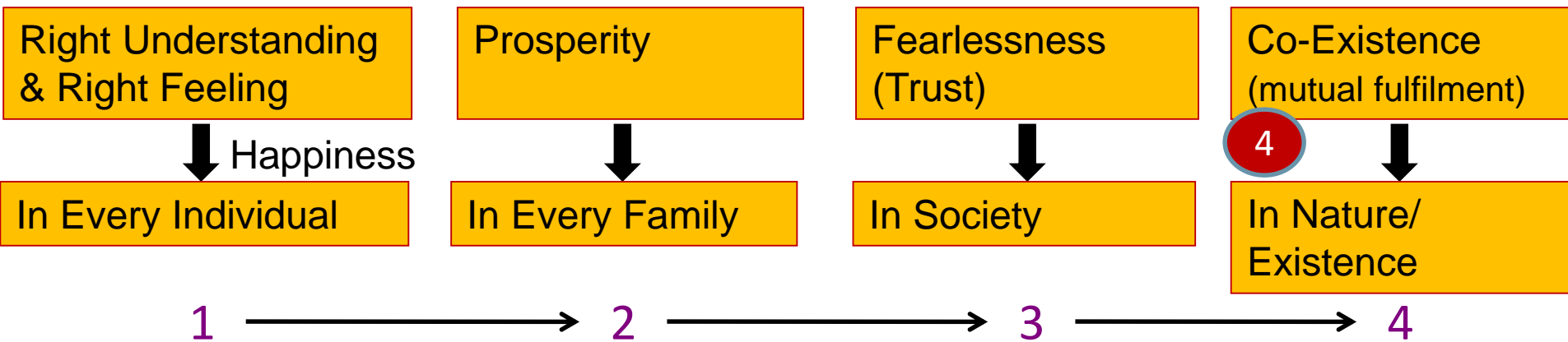
Feeling in relationship:

1. Trust विश्वास FOUNDATION VALUE
2. Respect सम्मान
3. Affection स्नेह
4. Care ममता
5. Guidance वात्सल्य
6. Reverence श्रद्धा
7. Glory गौरव
8. Gratitude कृतज्ञता
9. Love प्रेम COMPLETE VALUE

Justice = Recognition, Fulfillment & Evaluation of Human-Human Relationship, leading to Mutual Happiness

Justice → from Family to World Family → Undivided Society (अखण्ड समाज)

Human Goal

Right Understanding & Right Feeling	Prosperity	Fearlessness (Trust)	Co-Existence (mutual fulfilment)
↓ Happiness	↓	↓	**4** ↓
In Every Individual	In Every Family	In Society	In Nature/ Existence

1 ——→ 2 ——→ 3 ——→ 4

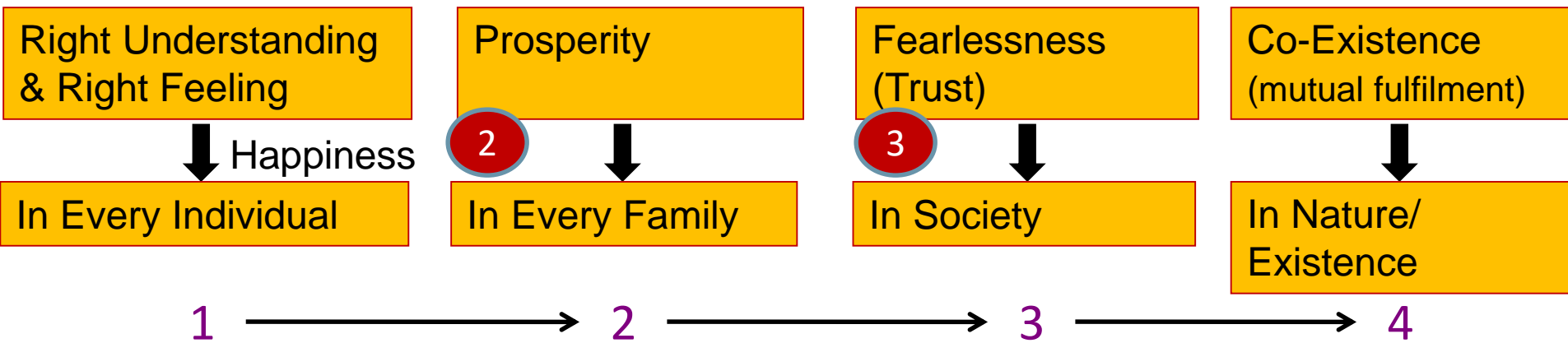## Human Order (मानवीय व्यवस्था)

Systems / Dimensions (आयाम)

1. Education – Sanskar
2. Health – Self-regulation
3. Production – Work
4. Justice   – Preservation **4**
5. Exchange – Storage

4b. Preservation – Recognition of Human-Rest of Nature Relationship, its Fulfillment & Evaluation leading to Mutual Prosperity or Mutual Enrichment
1. Prosperity of Human Being
2. Enrichment, Protection & Right Utilisation of rest of Nature

Harmony in the Society (समाज में व्यवस्था)

Human Goal

Right Understanding & Right Feeling	Prosperity	Fearlessness (Trust)	Co-Existence (mutual fulfilment)

↓ Happiness ② ③

In Every Individual	In Every Family	In Society	In Nature/ Existence

1 ————→ 2 ————→ 3 ————→ 4

Human Order (मानवीय व्यवस्था)
Systems / Dimensions (आयाम)

1. Education – Sanskar
2. Health – Self-regulation
3. Production – Work
4. Justice   – Preservation
5. Exchange – Storage   ② ③

5a. Exchange – of physical facility with a view of mutual fulfillment (not with obsession for profit / of exploitation)
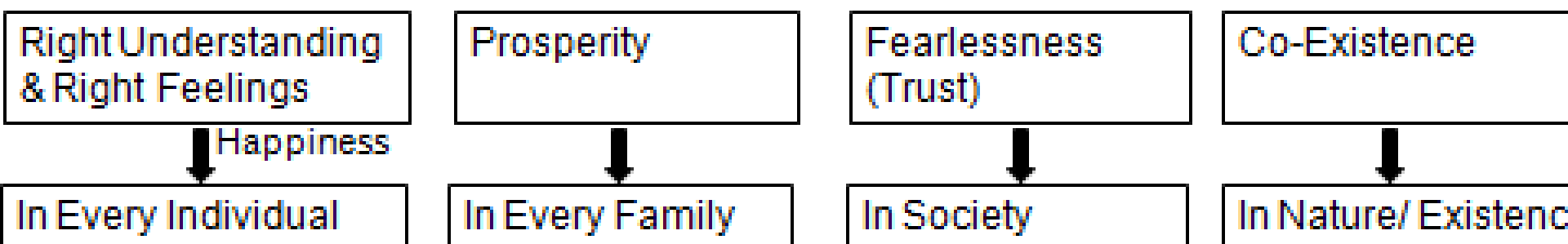
5b. Storage – of physical facility with a view of mutual fulfillment (not with obsession for profit / of accumulation)
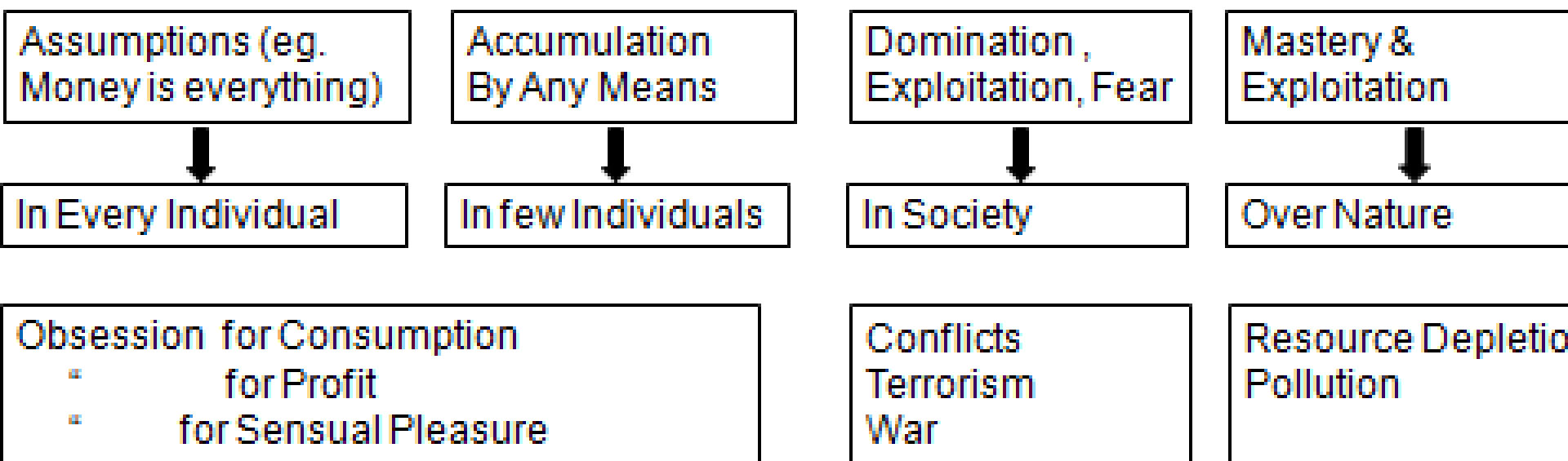
Questions?

1. What is the right age to start value education? I am asking because children don't have the capacity to think so deeply and evaluate all these proposals. Is there a different process of learning for adults and a different process for children?

2. Are we talking about having the same physical facility for all? Or is it that I can have a different need and someone else can have a different need? After all, we have to calculate the amount of money required for living and all kinds of emergencies

3. What exactly is the meaning of preservation. E.g. Govt. has made regulations to save the environment by banning use of wood in Govt. buildings, we are saving water by using less… is this not preservation?

4. What is the role of currency in exchange of physical facility?

5. For the victim of crime, justice is to punish the culprit. Why don't you talk about punishment in the society?

Is our Education Clearly Making Effort for

Human Goal: Enlightened Individual, Human Family, Human Society.

Right Understanding & Right Feelings	Prosperity	Fearlessness (Trust)	Co-Existence
↓ Happiness	↓	↓	↓
In Every Individual	In Every Family	In Society	In Nature/ Existence

Currently: Managing in the Current "Society" (Crowd or Battlefield)

Assumptions (eg. Money is everything)	Accumulation By Any Means	Domination, Exploitation, Fear	Mastery & Exploitation
↓	↓	↓	↓
In Every Individual	In few Individuals	In Society	Over Nature

Obsession for Consumption " for Profit " for Sensual Pleasure	Conflicts Terrorism War	Resource Depletio Pollution

If my family is prosperous, then:

1. We identify the required physical facility for the family (including the required quantity) – with right understanding

2. We produce more than the required physical facility using cyclically enriching process – with right skills

3. We consume as much as is required (for nurturing, protection & right utilisation of the body), and not more – with a feeling of sanyam

4. We share the rest for mutual fulfillment in relationship & for order in society – with a sense of responsibility in relationship

Domination (*shasan*)	Self Organization (*vyavastha*)
Units are selfish. Individual aims are dissonant with others & with collective	Units are self organized, responsible. Individual aims are complementary to others & to collective
For indulgence of few (I compete for maximum physical facility), domination (central control) by way of fear (force), incentive, faith used to motivate	Each unit is responsible, self motivated with wellbeing of all (I work to be happy & make other happy)
Unequal terms of exchange	Equal terms of exchange
Power, energy is centralized. Externally, centrally regulated, flows top down (~1:1L Prayer)	Every unit is self energized & self regulated (~1:10 Dialog)
Human being is a resource	Human being is co-existence of Self(I) & Body
	Body is a resource of the Self(I)

Holistic development is transformation to Human Consciousness.

The role of education-sanskar is to enable this transformation by way of ensuring the development of the competence to live with Definite Human Conduct

For this, the education-sanskar has to ensure

1. Right understanding in the self of every child
2. The capacity to live in relationship with the other human being
3. The capacity to identify the need of physical facility and the skills & practice for sustainable production of more than what is required leading to the feeling of prosperity

These are the 3 components of human eduction-sanskar, if it has to ensure development of definite human conduct

If we look at the education we are giving today…

1. First one is missing
2. The second one is missing
3. In the third one, identification of physical facility, is also missing. The willingness to produce by way of labour is also missing. The core feeling that is generated is to accumulate more & more and to consume more & more, rather than to produce more & more

Child's Desire / Expectation	Fulfillment / Satisfaction Point
1. Expectation for justice (न्याय का याचक) • In every interaction	Ability to do justice (न्यायप्रदाई क्षमता)
2. Desire for right work & behaviour (सही कार्य व्यवहार का इच्छुक) • The child naturally wants to participate, makes effort to learn & can learn	Competence for right work & behaviour (सही कार्य व्यवहार करने कि योग्यता)
3. Speaks the truth (सत्यवक्ता) • The child naturally speaks whatever truth it knows • It willingly makes effort to understand, asks lots of questions • It can understand	Understanding the truth (सत्यबोध) • from self to entire existence The child expects parents, elders, teachers, society… to facilitate it to attain the satisfaction point (role of education-sanskar)

Assuming
मानना

Imitate अनुसरण (0-3)

Follow अनुकरण (3-6)

Obedience/Discipline

Next Generation

Relationship
संबंध

आज्ञापालन / अनुशासन (5-9)

Right
सही

Self-expl
जाँच

Self Discipline (10…)
स्व–अनुशासन

Self-confidence
आत्मविश्वास

Knowing

जानना

Every next generation is more developed

In harmony within
In harmony with family
In harmony with society
In harmony with nature/existence

Family
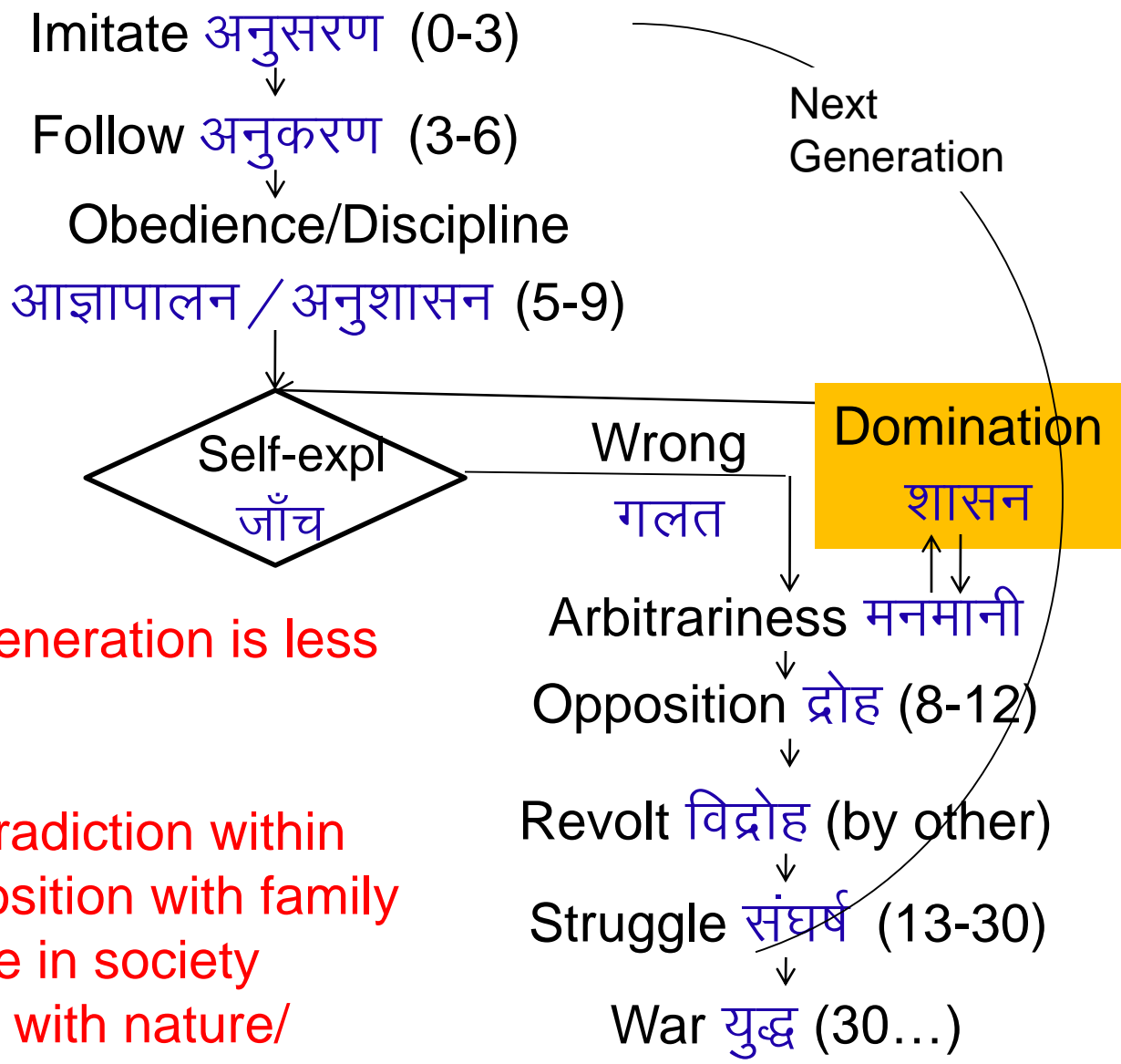
परिवार

School

विद्यालय

University

विश्व–विद्यालय

Society

समाज

Assuming
मानना

Imitate अनुसरण (0-3)

Follow अनुकरण (3-6)

Obedience/Discipline

आज्ञापालन / अनुशासन (5-9)

Next
Generation

Family
परिवार

Self-expl
जाँच

Wrong
गलत

Domination
शासन

School
विद्यालय

University
विश्व–विद्यालय

Every next generation is less
developed

Arbitrariness मनमानी

Opposition द्रोह (8-12)

In more contradiction within
In more opposition with family
More struggle in society
More conflict with nature/
existence

Revolt विद्रोह (by other)

Struggle संघर्ष (13-30)

War युद्ध (30…)

Society
समाज

Take-Take Economics (dominate/exploit HB, exploit rest of nature)

Feeling: opposition

Result: both try to maximise their share (profit maximisation)

Needs are undefined / unlimited + resources are limited → Everyone is bound
to be deprived

Give-Take Economics

Feeling: indifferent or opposition

Give-Give Economics (both work for mutual enrichment)

Feeling: Relationship

1. Identify the needs → Needs are definite

2. Produce more than what is required
   by cyclic, mutually enriching process
   (more is for sharing in relationship) → Resources are more than what
   is required
   ↓
   Everyone (all) can be prosperous